

How to Interview your Grandma: A Guide



Prepare Yourself

- You have made the decision to archive a loved one's voice, happy to have you here
- Check your equipment for storage and battery life (a phone or sound recorder both work)
- Create a roadmap of questions - what are you looking for today?



Prepare the Environment

- Make a cup of tea for you both
- Listen to the sonic environment and turn off anything that is making noise
- Remind your grandma that you can take breaks whenever she needs, prioritise comfort



Ask, Listen, Follow-up

- Often we need reminders that our words are valuable, encourage your grandmother to share more



Bring a Memory Along, Take a walk together

- A photo of a loved one, a ticket stub from a trip taken together
- A visual can help you reflect together on your memories
- Invite your grandma to take you to her favorite places, record the sonic environment



Thank Her & Archive the collected sounds

- To have someone's voice recorded is a treasure, store it away
- If you would like to share an excerpt you can get in contact with us on Instagram at [babushka.project](https://www.instagram.com/babushka.project)